

**Texas State University
College of Education
Academic Advising Center**

<http://www.education.txstate.edu/directorypages/advising.html>

**Bachelor of Exercise and Sports Science (BESS)
Major in Exercise and Sports Science with Pre-Physical Therapy Emphasis**
Major Code: 257.20**

Worksheet for Advisement Purposes only – Not an Official Outline

(NOTE: This outline is subject to revision due to State Mandated changes or local policy changes)

CORE Curriculum

Prefix ^(Core)	Course	Sub	Grade	Hours
ENG ⁽¹⁰⁾	1310			3
ENG ⁽¹⁰⁾	1320			3
ENG Lit ⁽⁴⁰⁾	23xx			3
HIST ⁽⁶⁰⁾	1310			3
HIST ⁽⁶⁰⁾	1320			3
POSI ⁽⁷⁰⁾	2310			3
POSI ⁽⁷⁰⁾	2320			3
MATH ⁽²⁰⁾	1315 or 1317			3
COMM ⁽¹¹⁾	1310			3
PSY ⁽⁸⁰⁾	1300			3
BIO ⁽³⁰⁾	1421 or 1430			4
PHYS ⁽³⁰⁾	1410			4
PHIL ⁽⁴¹⁾	1305			3
Fine Arts ⁽⁵⁰⁾	2313			3
PE ⁽⁹⁰⁾	1128			1
PE ⁽⁹⁰⁾	1179			1
US ⁽⁹⁰⁾	1100			1
Total				47

✓ For this degree, you must take two semesters of foreign language UNLESS you took two years of the same foreign language in high school.

Support Courses

Prefix	Course	Sub	Grade	Hours
BIO	2430			4
CHEM	1341/1141			3/1
CHEM	1342/1142			3/1
HED	2354			3
HED	2338 or 3348			3
HIM	2360			3
HP	3302			3
NUTR	3362 or 3364			3
AT*	4360			3
PHYS	1420			4
PSY	3300 or 3315			3
PT	3400			4
Total				41

ESS Major

Prefix	Course	Sub	Grade	Hours
AT	2156			1
AT	2356			3
AT	3256			2
AT	3258			2
PE	3317/3117			3/1
PE	3320			3
AT	3326/3126			3/1
AT	3328/3128			3/1
PE	3329			3
AT	3236/3136			2/1
AT	3246/3146			2/1
AT	3356			3
PE	4317 or 4318			3
PE	4323			3
Total				41

* AT 4360 Clinical Experience – Additional information on back.

BIO 3421 is suggested, but not required.

****2.75 Texas State GPA required to declare the Exercise and Sports Science, Pre-Physical Therapy major. Students must maintain at least a 2.75 Texas State GPA to continue in the major. 2.75 Texas State GPA required for graduation.**

****Completion of this program does not guarantee admission into a graduate program in Physical Therapy.**

A maximum of 66 hours from Community/Junior College may be applied toward the degree.

Total minimum hours required is 128, at least 39 of which must be advanced.

Bachelor of Exercise and Sports Science

Exercise and Sports Science with Pre-Physical Therapy Emphasis

The Health, Physical Education, and Recreation Department (HPER) offers a quality degree that will prepare students to enter the application process for a graduate level physical therapy program and give undergraduate students an exceptional "head start" in gaining admission to a physical therapy school, whether here at Texas State or elsewhere. The main focus of this program is to combine the background courses required for entrance to physical therapy programs with quality support courses from the athletic training program courses and the health and fitness management program. Additionally, this program will prepare students to seek other graduate programs such as: physician assistant programs, chiropractic schools, cardiac rehabilitations programs, wellness or exercise science programs, graduate entry level athletic training programs, or similar programs. Students should be aware that various graduate schools may have additional entrance requirements other than those required for this degree.

The Pre- PT Emphasis program has open enrollment and does not have an admission application procedure. Students are expected to maintain a high grade point average. Students should be aware that certain courses offered only once a year and many must be taken in specific sequence.

General Requirements:

1. Students are admitted into the degree program according to university policies. There is not a departmental admission application procedure.
2. Transfer students should meet with the College of Education Advising Center or the Program Director to obtain approval of transfer credits.
3. Completion of this degree **does not** guarantee admission to any graduate program.

AT 4360 Internship in Clinical Settings

- The course which allows pre-physical therapy students to be introduced to the clinical aspects of the physical therapy profession by being assigned to 2 different clinical sites. This internship course is for mature, well-motivated students who are considering continuing their education by entering graduate school. It is designed as a stimulating high-point of the entire training program. It requires active participation of students rather than being a passive observation process. Careful planning, consultation, and frequent communication are essential to ensure a positive and productive experience. Prerequisites: Consent of instructor.
- One entire semester (fall and summer available only with special permission from Program Director).
- Contact Athletic Training Program Director in department, Dr. Jack Ransone (jr41@txstate.edu).
- Student will complete the Internship Application before early registration for the respective semester.
- Student will obtain approved internship sites.
- 200 hours (100 hours at each approved site – 2 sites minimum) at approved site and unpaid.
- Student must purchase personal liability insurance through the HPER Department.
- Please obtain an AT 4360 Internship in Clinical Settings handout from Dr. Ransone for complete details.
- Additional coursework may be taken with Internship.

Students are ultimately responsible for knowing and fulfilling all University, College, Major and Certification requirements. Failure to meet requirements and stated deadlines may delay graduation. Students who, at any time, are confused about academic requirements for their progress toward a degree and certification are encouraged and expected to meet with an advisor, adhering to the posted advising schedules and procedures.

This worksheet is intended as a quick and easy guide for your degree/certification but does not substitute for a Degree Audit Report (DAR). It is important that you meet with an advisor and refer to all information given to you throughout the course of your tenure at Texas State. Students are also encouraged to refer to the Undergraduate Texas State Catalog and Schedule of Classes for additional official information and semester calendars. The College of Education website (<http://www.education.txstate.edu>) may provide answers to most questions students have about major and certification requirements.

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