

**Texas State University
College of Education
Academic Advising Center**

<http://www.education.txstate.edu/directorypages/advising.html>

Bachelor of Health and Wellness Promotion (BHWP)

Major in Health and Wellness Promotion Non - Teacher Certification Major Code: 261.10

Worksheet for Advisement Purposes only – Not an Official Outline

(NOTE: This outline is subject to revision due to State Mandated changes or local policy changes)

CORE Curriculum

Prefix ^(Core)	Course	Sub	Grade	Hours
ENG ⁽¹⁰⁾	1310			3
ENG ⁽¹⁰⁾	1320			3
ENG Lit ⁽⁴⁰⁾	23xx			3
HIST ⁽⁶⁰⁾	1310			3
HIST ⁽⁶⁰⁾	1320			3
POSI ⁽⁷⁰⁾	2310			3
POSI ⁽⁷⁰⁾	2320			3
MATH ⁽²⁰⁾	1315, or 1317, or 1319			3
COMM ⁽¹¹⁾	1310			3
Soc Sci ^{*(80)}				3
BIO ⁽³⁰⁾	1320			3
BIO ⁽³⁰⁾	1421			4
PHIL ⁽⁴¹⁾	1305			3
Fine Arts ⁽⁵⁰⁾	2313			3
PFW ⁽⁹⁰⁾	Act			1
PFW ⁽⁹⁰⁾	Act			1
US ⁽⁹⁰⁾	1100			1
Total				46

✓ For this degree, you must take two semesters of foreign language UNLESS you took two years of the same foreign language in high school.

* Choose one from ANTH 1312, ECO 2301, GEO 1310, PSY 1300, or SOCI 1310.

Designated Electives – Choose 12 hours from:

Prefix	Course	Grade	Hours
BIO	2440, 3351, 3407		
MC	3367		
SOCI	3319, 3327, 3363, 3383		
SOWK	2375, 4315		
SPAN	1410, 1420		
ARTS***	2361, 3365		
Total			12

***Beginning Fall 2005, TECH courses changed to ARTS courses (different prefix and course numbers).

HWP Major Health Education Courses

Prefix	Course	Sub	Grade	Hours
HED	1310			3
HED	2338			3
HED	2340			3
HED	2354			3
HED	3301			3
HED	3348			3
HED	3350			3
HED	3376			3
HED	4340			3
HED	4350			3
HED**	4660			6
Total				36

**HED 4660 (Internship) See back for additional information.

Additional Requirements

Prefix	Course	Sub	Grade	Hours
BIO	2430			4
CS or CIS or PSY	1308 1323 3353			3
Total				7

Career Support Courses

Prefix	Course	Sub	Grade	Hours
HP	2351			3
HP	3302			3
NUTR	3362			3
MC	3343			3
PE	3317/ 3117			3/1
PSY	3350			3
SOCI	1310			3
SOCI	3324			3
SOCI	3327 or 3363			3
SOWK	1350			3
Total				31

Total minimum hours is 132, at least 39 of which must be advanced level.

A maximum of 66 hours from Community/Junior College may be applied toward the degree.

Bachelor's Degree in Health and Wellness Promotion (BHWP) Non - Teacher Certification

Health and Wellness Promotion is the process of improving people's understanding, attitudes, and conduct regarding individual and community health. Texas State health promotion graduates work in education, emergency medical services, senior citizens programming, worksite wellness programs, public health departments, volunteer health organizations, and various other fields.

HED 4660 Internship in Public Health

- Participation in the on-going work of an official and/or voluntary health agency. The internship will be supervised by a member of the health education faculty. A minimum of one conference hour per week is required.
- Dr. Gay James, Program Director (e-mail gj04@txstate.edu)
- 480 hours at approved site and unpaid
- May only be completed during the Fall or Spring semester, and it will be the only class taken during this semester.
- All required courses completed prior to the semester of your internship. H ED 4660 will be the only 6 hours remaining for you to graduate.
- Students must attend organizational meeting. The meeting is held the second week of classes the semester prior to when you expect to be enrolled in H ED 4660. All paper work for the internship must be completed by the last class day the semester prior to taking H ED 4660.
- Insurance information will also be posted on Dr. James' door (office: Jowers 172) and your insurance must be obtained by the first day of classes prior to starting the internship.
- Obtain an HED 4660 Internship in Public Health handout from Dr. James for complete details the semester prior to being enrolled in H ED 4660.

Students are ultimately responsible for knowing and fulfilling all University, College, Major and Certification requirements. Failure to meet requirements and stated deadlines may delay graduation. Students who, at any time, are confused about academic requirements for their progress toward a degree and certification are encouraged and expected to meet with an advisor, adhering to the posted advising schedules and procedures.

This worksheet is intended as a quick and easy guide for your degree/certification but does not substitute for a Degree Audit Report (DAR). It is important that you meet with an advisor and refer to all information given to you throughout the course of your tenure at Texas State. Students are also encouraged to refer to the Undergraduate Texas State Catalog and Schedule of Classes for additional official information and semester calendars. The College of Education website (<http://www.education.txstate.edu>) may provide answers to most questions students have about major and certification requirements.

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